Curriculum Vita

Name : Vaishali Prakash Ghate

Father Name : PrakashWamanraoGhat

Date of Birth : 29.06.1980

Gender : Female
Marital status : Single

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Language Known : Marathi,English,Hindi,Bengali



Educational Qualifications

- I. B.A. (Hislop College, Nagpur)
- **2.** *B.P.Ed.* (*Ishwar Deshmukh College of Physical Education, Nagpur*)
- **3.** *M.P.Ed.* (*P.G.Teaching Departmen tof Phy.Edu. R.T.M.N. University*)
- **4.** NET (Dec. 2018)
- **5.** *Ph.D.* (Scholar)
- **6.** MS-CIT (Dec. 2004)

Work Experience

- 1. 10 years of work experience in Basanti Devi College, Kolkata (West Bengal)
- 2. 2 years of work experience in Schools

Achievement: National Football Player/International Sepak Takraw Player

- 1. Represent India in **Indoor Asian Games** in Hoop Takraw event 2007 at Macau (China)
- 2. Represent Maharashtra in Nationals Games in Sepak Takraw 1999(Manipur) &2005 (Assam)
- 3. Represent Maharashtra State in Various Junior & Senior Women's Football Nationals Tournaments
- 4. Represent Nagpur University in Inter-University Football Tournament
- 5. Represent Maharashtra State in various **Sepak Takraw Senior National**Tournaments
- 6. Participated in various sports in Inter -College tournaments

Achievement: Qualified Asian Sepak Takraw Referee

- 1. **Represent India** as a Referee in 22ndKING'S CUP **World Championship** 2007 Thailand (Bangkok)
- 2. Represent India as a Referee in ISTAF Super Series 2013, Delhi (India)
- 3. Represent India as a Referee in ISTAF Sepak Takraw World Cup Championship 2017, Hyderabad (India)
- 4. Represent West Bengal State as a Referee in Various STFI Sepak Takraw Subjunior, Junior, Senior National Tournament

Paper Published: Title of Published Papers

- 1. Analysis of Leg Ball Experience in Football and its Deliberate Practice for Predicting FIFA Ranking Performance Among Indian Footballers in the Perspective of Asian Countries
- 2. Physically Active Parents only can Produce Healthy Offspring Generation for Betterment of Nation—Aug. 2021
- 3. Yoga & Meditation for Rapid Healing Benefit in Covid-19 Pandemic Period
- 4. The Role and Contribution of the Newspaper during the Corona Pandemic
- 5. Need of Physical Education paper presen tin NAAC Sponsored Seminar/ Workshop—Jun2013 (Basanti Devi College)

Participation Seminar/Conference list

- 1. "The Role of Yoga in Modern Life" (UGC Sponsored State Level Seminar, Nagpur 2008
- 2. "Importance of Management in Physical Education and Sports" (State Level Seminar, Nagpur 2008
- 3. "Perspective of Yogi cand Sports Science towards Healthy Living" International Conference, Kalyan 2020
- 4. "Holistic Approach of Health Science, Research, Sports Science and Yoga During 21st Century" Internationalinterdisciplinaryconference, ChandrapurAug2021
- 5. "Role of Sports Psychology and Fitness Management for Sportsmen During Covid-19Pandemic Era" International E-Conference, Nagpur Sep- 2021